

Middle/High School Breakfast Menu

Revised 01/23/24

***Menu Subject to Change**



Questions? Contact Judy Naughton, U-46 District Dietitian, at judithnaughton@u-46.org or call 847-888-5000 ext. 5034

February 2024

Monday	Tuesday	Wednesday	Thursday	Friday
Choice of up to two fruits, two vegetables, and one milk choice, either 1% plain or flavored or unflavored fat-free milk with all entrees.			1 French Toast Sticks	2 Cheesy Eggs w/ Tater Tots
5 Mini Chocolate Donuts	6 Warm Cinnamon Rolls	7 Chicken Biscuit Sandwich	8 Yogurt Parfait	9 Scrambled Egg Skillet Bowl
12 Mini Powdered Donuts	13 Sausage & Gravy Breakfast Pizza	14 Breakfast Bagel Sandwich	15 Pancakes (Topped with choice of fruit; option for whipped topping or syrup)	16 Egg & Cheese Omelet
19 NO SCHOOL PRESIDENTS' DAY	20 Breakfast Pizza Bagel	21 Biscuit Breakfast Sandwich	22 French Toast Sticks	23 Cheesy Eggs w/ Tater Tots
26 Banana Muffin	27 Apple Cinnamon Toast	28 Chicken Biscuit Sandwich	29 Dutch Waffle w/ Syrup	3/1 Turkey Bacon Omelet w/ English Muffin

In addition to main breakfast entrees, Grab & Go, cereal, cereal bars, and frudels ect. may be available.

Check your school's menu board for current daily options

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Middle/High School

Lunch Menu

Revised 01/23/24

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February 2024

Monday	Tuesday	Wednesday	Thursday	Friday
Choice of up to two fruits, two vegetables, and one milk choice, either 1% plain or flavored or unflavored fat-free milk with all entrees.			1 Orange Chicken w/ Rice OR Cheese Quesadilla w/ Salsa	2 Turkey Pizza Pocket OR Mini Cheese Pizza Pockets
5 Chicken Patty (Regular or Spicy) OR Cheese Pizza Bagels	6 Popcorn Chicken w/ a grain OR Chickenless Nuggets	7 Italian Meatball Sub OR Garlic French Bread Pizza	8 Loaded Nachos OR Bean & Cheese Burrito	9 Cheese, Pepperoni OR Buffalo Chicken Pizza
12 Hamburger OR Bosco Sticks	13 Comfort Bowl (Potatoes, Popcorn Chicken, Corn, Gravy) OR Italian Cheesy Pull Apart	14 Chicken & Vegetable Pot Stickers OR Cheesy Bites	15 Philly Cheesesteak OR Jumbo Pretzel w/ Cheese	16 Galaxy Pizza OR Pepperoni French Bread Pizza
19 NO SCHOOL PRESIDENTS' DAY	20 BBQ Rib Patty OR Mozzarella Sticks	21 Mini Corndogs OR Pizza Crunchers	22 Orange Chicken w/ Rice OR Cheese Quesadilla w/ Salsa	23 Turkey & Beef Pizza Pocket OR Mini Cheese Pizza Pockets
26 Chicken Egg Rolls OR Grilled Cheese	27 BBQ Rib Patty OR Cheese Pizza	28 Orange Chicken w/ Rice OR Mini Buffalo Cheese Pizza Pocket	29 Hamburger OR Mac & Cheese w/ Breadstick	3/1 Cheese Pizza OR Pepperoni Pizza

In addition to hot entrees, Grab & Go, PB&J's and Salads, Chicken Tenders or Chicken Patties, Pizza, Mini-Corndogs, Jumbo Pretzels w/ Cheese, or Bosco Sticks w/ Marinara ect. may be available.

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